

Thursday 9 March 2023

Baird Family Hospital and ANCHOR Centre The Baird Family Hospital and ANCHOR Centre are the biggest capital construction projects NHS Grampian has ever undertaken, and we are immensely proud of them. In recent months several factors, including market conditions and updated assurance processes, have impacted the construction of both facilities, to the point that their completion and opening will now be delayed. NHS Grampian's Board will receive an update at its April 6 meeting, which will include details on the anticipated level of delay.

Paul Allen, our Director of Infrastructure and Sustainability said: "Construction of both buildings continues to make good progress, and we are working closely with NHS Scotland Assure and our partners to ensure these complex, modern facilities will meet the needs of the population we serve."

"A crucial element of any large capital project is the ongoing review and refinement of the agreed design, in particular the mechanical, electrical and infection prevention compliance aspects. Internal and external experts guide this process, which is independently reviewed through the National Design Assessment Process (NDAP) and the Key Stage Assurance Review (KSAR) process.

"We will always welcome any changes that lead to a more robust process, a safer clinical environment of our buildings. Whilst the slippage of time is disappointing, it is, without doubt, the right thing to do."

[Read the full news release.](#)

Return to Practice Has your NMC registration lapsed, and you would like to return to work as a nurse or midwife? The Return to Practice course offered by RGU is for nurses, midwives, and those on the Specialist Community Public Health Nurse (SCPHN) register who have previously been registered with the NMC. The course includes all the fields of nursing: Adult, Child, Mental Health and Learning Disabilities. If you want to find out more then come along to an information session which will be held over Microsoft Teams on 14th April at 4pm. Contact gram.rtp@nhs.scot for the link to join or get in touch if you have any further queries. We would be happy to help. You can also contact d.banks@rgu.ac.uk or a.mcintosh4@rgu.ac.uk if you have any RGU-related questions.

Hospital at Night, ARI - Trak Care Developments From Monday 3rd April, new consultation requests will become available on Trak Care, for patients requiring reviewed or tasks completed by the Hospital at Night team at ARI. Along with the current requests for venepuncture, cannulation, arterial blood gas, ECG, fluid review and patient clerkings, the newly developed requests will include: Deteriorating NEWS Review, Patient Review, Prescription Review, Patient Fall / Injury Review, Death Confirmation, HAN Review of Results, AMIA Bundle – Bloods, IV access, VBG, ECG for patients admitted to AMIA.

Please request any clinical tasks or patient reviews required by the team overnight via Trak Care between the hours of 7pm-6am. Any requests after 6am should only be phoned through, as per escalation boards. However, as a team we would like to highlight the importance of calling the designated telephone numbers on your ward's escalation board for your NNP/Doctor overnight if the request is urgent, or if you have immediate patient concerns.

Many thanks to Steven Jamieson, Senior Applications Specialist at eHealth who has supported the H@N Team and been fundamental to making these changes and improvements possible on Trak Care. This will allow us to enhance the service we provide to patients across ARI overnight.

Grampian Cancer Care Network Professional Conference Registration is now open for this important event which will take place on Thursday 27th April 2023 at Curl Aberdeen. This year's conference will have a keynote presentation on the work of the Less Survivable Cancers Pathway, developments in Lung & Ovarian Cancer Pathways, as well as presentations and table-top discussions on rehabilitation and best supportive care. It's the first conference in three years and will also provide an opportunity to network with colleagues and local cancer support organisations.

Please follow the Eventbrite link below for full details of this event, the programme, and to purchase tickets: <https://www.eventbrite.co.uk/e/nhsg-cancer-care-network-professional-conference-2023-registration-558582815237>

Flying Start sessions The NMAHP Practice Education team will be delivering short refresher sessions for existing Flying Start Facilitators for all Nursing, Midwifery and Allied Health Professionals. Please see dates below:

- 21/03/23 – 3-4pm
- 13/04/23 – 3-4pm
- 24/05/23 – 3-4pm
- 16/08/23 – 3-4pm

The sessions will be delivered via MS Teams and are bookable via TURAS. For any other information, please contact gram.practiceeducation@nhs.scot

NHS Grampian Coaching Bank Coaching is a time-limited series of 1:1 conversations which provide an opportunity for you to pause, think, reflect and plan. It's flexible, non-directive, non-judgemental, voluntary and confidential, and all coaches are trained and qualified NHS Grampian employees from a range of professions. To find out more, [view the Coaching Bank leaflet](#) and for any queries please contact the Coaching Co-ordinator via gram.coaching@nhs.scot

Menopause Tea & Talk Sessions These sessions aim to provide a dedicated space to encourage colleagues who are experiencing menopausal symptoms to feel well informed and supported through a range of activities and educational opportunities focused on improving knowledge and understanding; helping staff going to feel less isolated; and providing support as a positive menopause culture continues to grow across NHS Grampian. To sign up and find out about a range of sessions covering everything from eating well to mindfulness, please contact gram.wecare@nhs.scot

Read Between the Lines: Championing Reading for Pleasure Author, Lisa Ballantyne, sparked conversation among health and social colleagues about the wellbeing benefits of reading for pleasure during a virtual Book Blether lunchtime gathering for World Book Day on Thursday 2nd March. She ran a series of exercises supporting people to think about what enticed them to read further, exploring the link between what we read and how we feel. Feedback from participants was overwhelmingly positive. For example, "I found it interesting when we looked at what we read impacting on how we feel... to validate how I can sometimes notice my mood changing by the book I am reading!"

This event was created in partnership by NHS Grampian Library & Knowledge Service, NHSG We Care and Scottish Book Trust. [Find out more and join in future Book Blethers.](#)

Tune of the day Today's song is for all the teams out there who look after each other and go above and beyond for their patients and colleagues. It's [Lucky Bean](#) by The Lathums. You are all an inspiration, and a pleasure to meet when us comms folks get out and about (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot