

Thursday 1 June 2023

iMatter Staff feedback through iMatter is an important part of team discussion and helps our organisation know how things are for you, which supports change. 46% of you (nearly 9,000 people) have completed theirs so far. Have you done yours? It takes just 5 minutes and the more responses we get, the more representative the results will be.

If you want to know more about what iMatter is, [we have updated the e-learning available on Turas](#). It tells you what iMatter is, why we do it, and tackles the most asked questions about iMatter.

Royal Cornhill Hospital ward refurbishments A long term ward refurbishment programme at Royal Cornhill Hospital has concluded today, with colleagues and patients moving into Muick ward. A total of six wards - Huntly, Fraser, Dunnottar, and Fyvie (adult mental health) and Davan and Muick (older adult mental health) - have been revamped. The project began following two improvement notices from the Health & Safety Executive; however, the finished wards far exceed their recommendations. It involved a major refurbishment of the building, the installation of newer, safer specialist ligature-reduction and anti-barricade mental health fittings and fixtures, and improvement in the lines of sight for patient / staff accessibility and enhancement of clinical observation in practice.

Kerry Ross, Business Manager for Mental Health & Learning Disability Inpatient Services, Specialist Services and CAMHS: "I want to pay tribute to everyone working at Royal Cornhill, as well as to patients and their families. Works like this always mean upheaval and the delays have been difficult for all of us to deal with. However, the finished facilities are worth the wait, and I know they make a real difference. I also want to thank everyone involved in bringing this project over the finish line; our in-house projects and estates teams, infection prevention & control for their advice and support, and Keir as the contractor. It has been a real team effort."

Shuttle bus service Prior to the pandemic, a shuttle bus service linked up Foresterhill Health Campus, Summerfield House, Woodend, Royal Cornhill Hospital, and the Health Village. While there are now some, very limited, ad-hoc journeys being carried out, the overall service remains **suspended**. Please ensure colleagues and patients or clients are aware.

Dietitians Week This annual event kicks off on Monday; Advanced Specialist Dietitian Rebecca Starr has written this piece for the brief:

"This year the theme of Dietitians Week 2023 is 'We Are Dietetics' – showcasing the many diverse faces of dietetics across the UK. Photographed here are some of the acute dietetic teams based at ARI, including those covering the specialty areas of respiratory, surgical, renal, oncology, gastrointestinal neurology & critical care.



“There are still many misconceptions around the profession of dietetics – we are not the food police! Dietitians are qualified and legally regulated health professionals specialising in nutrition. We work to assess, diagnose, and treat nutritional problems such as eating difficulties and weight lost due to illness or old age, IBS & other tummy problems, management of diabetes, and so much more! To learn more about what dietitians do, or about how food and diet can impact on things like sustainability, your mood, or the menopause [why not check out the British Dietetic Association Food Fact pages?](#)”

Missing pump – appeal from community nursing Can you help the North Foresterhill Community Nursing Team? A patient returned a Vac Pump to a ward in ARI, but we do not know which one; all we do know is the patient came into the hospital via the Rotunda entrance. The Vac Pump serial number is ATV1323; the team would be grateful if ward colleagues could check their stores and call them on 01224 553983 if it is found.

Aberdeen Low Emission Zone (LEZ) You may have seen coverage of the LEZ effective from today in Glasgow; Aberdeen city centre will have its own LEZ from 1 June 2024. More information is available here: [One year countdown to LEZ going live | Aberdeen City Council](#)

Volunteering – your stories It is our pleasure to share your stories of volunteering, to mark Volunteers’ Week. We start with Pamela Shand, a Filing Clerk at ARI, who volunteers very close to home:

“I am proud to be a member of the ARI Wayfinding Volunteering Team. I work as a filing clerk through the week but on my free Monday afternoon I volunteer at the concourse. We are managed by the amazing Mandy Urquhart, and I can honestly say it is the best 2 and a half hours of my week. We are on hand at the reception to meet and greet patients, visitors, and anyone who needs help. No two days are the same. It’s a fantastic way to help others and I would encourage anyone to give it a go.”

Corporate Games Netball Competition We are looking for male volunteers to complete the Netball team. The competition is on Wednesday 21 June, 5pm - 10pm with a training session on the evening of Wednesday 14 June. The training session is likely to be 7.30pm to 8.30pm but is subject to change. The event will take place at Aberdeen Sports Village. If you are interested, or would like more information please email gram.sports@nhs.scot

Tune of the day Today’s request goes out to Siobhan Cowie, CAMHS Project Manager. Siobhan wraps up tomorrow ahead of her wedding next weekend. The team are all thrilled for you and have asked for [Bruno Mars and Marry You](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot