

Monday 20 June 2022

**NHS Scotland event – Experience Day** Bringing the national NHS Scotland event to Aberdeen is not the only first this year; today has also seen the first Experience Day, with delegates from across health & social care able to see first-hand how we are leading the way in Grampian. Today's sessions covered our use of Artificial Intelligence, launching the national ECMO service during COVID-19, and our systems wide approach to delivering health & social care. In addition, there was a demonstration of the use of drone technology in health & social care at Aberdeen Airport. Putting this event together was no small ask, so a huge thank you to everyone involved.

The main event will get underway at P&J Live tomorrow, with registration between 9.15-10am. All delegates should have received further information directly via the email they used to register. Event organisers are reminding all participants of the importance of COVID sense:

- If you are unwell with COVID-like symptoms or have a fever you should not attend.
- If you are travelling to the event on public transport, wear a face mask. If you wish to wear a mask during the event itself, you will be supported to do so.
- Carry out regular, thorough, hand hygiene.

**Strike action – train disruption** Industrial action will cause significant disruption on the rail network tomorrow, Thursday, and Saturday. There will be no trains into or out of Aberdeen, from stations both north and south of the city, on these days and there are no replacement bus or taxi services. It is likely services on the days in between will also be disrupted and special timetables are being put in place.

[Further information is available on the Scotrail website.](#)

**iMatter team confirmation – final countdown.** Thank you to all the managers who have confirmed their teams on the iMatter system. If you have not already confirmed your team please do not delay, as the questionnaire cannot be released until ALL teams are confirmed. You have until 4pm this Friday (24 June) to confirm your team details on the iMatter system.

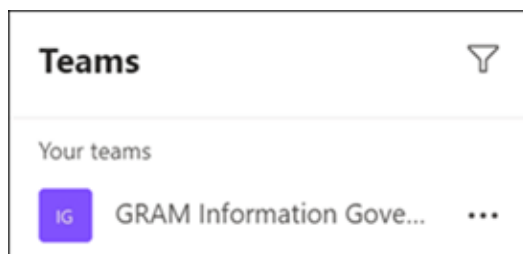
From next Monday (27 June) the iMatter questionnaire will go live for all NHS Grampian and Health & Social Care Partnership staff. iMatter was created in partnership with NHS Scotland staff as an opportunity for all of us to share our experiences as an individual, as part of the team, and organisation, year on year. It is designed to support teams and the organisation to think about what would make a real difference to the day-to-day experiences of staff. [More information can be found on our intranet page.](#) If you need any help with the system or support confirming your team, please email [gram.imatter@nhs.scot](mailto:gram.imatter@nhs.scot)

**Hospital at Home - Shire Supported Discharge – session postponed** Please note that the next information session, scheduled for 1pm on 28 June, has now been postponed. The Hospital at Home - Shire Supported Discharge team are going through a period of development and are rescheduling information sessions to a later date where these changes will be shared. Look out for future dates in this

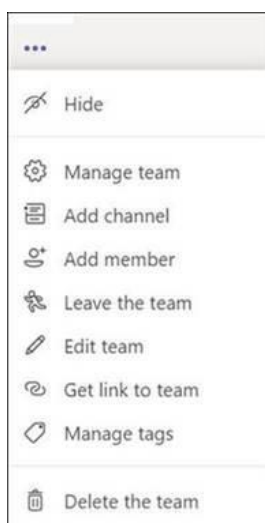
brief and the monthly frailty newsletter. The H@H-SSD service continues to operate (Monday to Friday, 0830 - 1630) through the period of development so please contact the team at [gram.shirehospitalathome@nhs.scot](mailto:gram.shirehospitalathome@nhs.scot) or 01467 672 790 to discuss potential patients.

**MS Teams privacy and naming convention** If you 'own' a Team within the MS Teams platform you must ensure it is marked as Private **and** the name starts with 'GRAM'. This is essential for the identification and management of Teams by national colleagues. You can easily adjust privacy settings and rename Teams as follows:

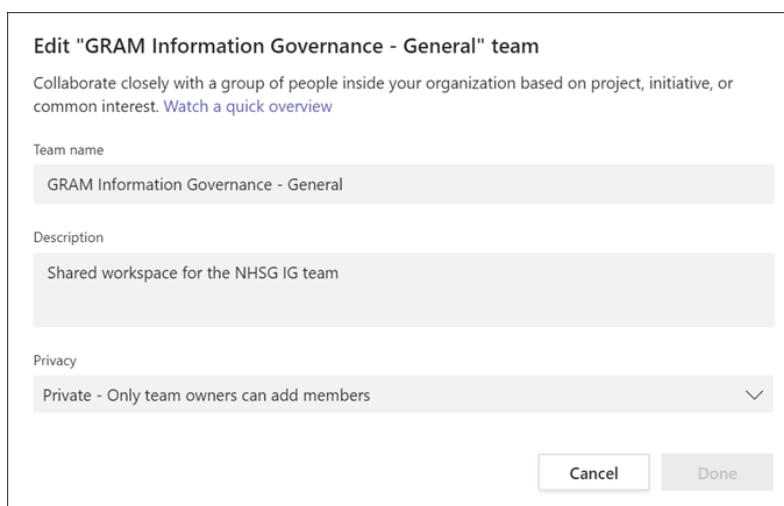
1. Click on the three dots to the right of its name.



2. Pick 'Edit team' from the menu that opens.



3. After you click on 'Edit team', a box will open where you can see and edit the Team's name.



4. When you've changed the Privacy setting to 'Private – Only team owners can add members' and added the GRAM prefix to the Team's name, click 'done' to save your changes.

**Pause for thought** A moment for reflection, taken from last week's Guided Journaling sessions. If you are interested in taking part, [please visit the We Care website](#).

Sanyin Siang is a published author and executive Coach with a personal mission in life to enable the greatness in others. She is a great fan of saying 'No'. Thinking of tasks, projects, obligations, relationships, beliefs patterns, and other things that limit you, what's the thing that would make the biggest difference to your quality of life, if you were able to say No to it? What will you do now?

**Tune of the day** If you are a fan of Susie Dent (doyenne of dictionary corner on Countdown) you will be familiar with her work to highlight words and sayings which have fallen out of use. Today's word was 'hingum-tringum'; popular in the 19<sup>th</sup> century, it means barely presentable or just about hanging together. If today has been a hingum-tringum day for you, I dedicate [Get It Right Next Time](#) by Gerry Rafferty to you (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)