

Thursday 2 February 2023

System pressures feedback Over the last two weeks there has been a lot of engagement with staff groups about the current pressure in the system. However, we know there are still many more of you we haven't been able to reach. To try and remedy this, we are going to run a short test of change. Over the next four weeks, anyone working in health & social care, in any part of Grampian, can get in touch with us via gram.systempressurefeedback@nhs.scot or [by filling in this form](#).

This is your opportunity to tell us what is happening in your area or service and to suggest any improvements, big or small. We cannot promise we can make every change or resolve every concern, but we will do our very best.

Please share this email address and form link with your colleagues. Please be aware they shouldn't be used to raise emergency issues, or as a substitute for a discussion with your line manager or team leader. [If you have a Whistleblowing issue, please follow the process detailed here](#). This email address and/or the form should not be used for patient feedback.

Patient Meals and Provisions The catering team continue to see over-ordering of meals and sandwiches – often 'just in case' - and between 65-70% of the department's food waste continues to be food returned by wards. The price increases we all see in the supermarket are also affecting the catering team, with some costs up by more than 30%. I want to take this opportunity to remind all nursing/ward staff:

- Patients should be ordering from the main menu unless there is a clinical or dietary need as agreed by a dietitian, speech & language therapist, or Senior Charge Nurse.
- Orders placed in ARI and DGH should not exceed bed occupancy. In all other service areas, there may be a requirement for an additional meal or two to allow for admissions/choice however missed meal provision is available.
- Daily menu items are available for collection from ARI, RCH and DGH production kitchens from 11am - 1.30pm and 4 - 6.30pm. From 11am - 7pm soup, salad, sandwiches and fresh fruit are also available for collection for patients who have missed a mealtime.
- Sandwiches should not be ordered in addition to a meal, and they should only be requested where there is a clinical need.
- Patient meals, snacks, and provisions are solely supplied for patient use.
- If any area has specific requirements due to the patient population, this should be discussed with the relevant Catering Manager for that area so that suitable processes can be agreed/adopted.

I am grateful for your help and support. It ensures we can supply a more sustainable patient catering service, meeting the dietary and nutritional needs of the people we care for and minimise waste (Elinor McCann, Head of Catering).

Digital Ward – Change to IP EPR launch in TrakCare The IP EPR in TrakCare is now in use in most inpatient areas within Grampian (excluding mental health, ED and RACH). Whilst overwhelmingly successful, the primary concern raised has been the incidents of locked records. The IP EPR is a multidisciplinary record; however, it doesn't currently allow for multiple users to enter into the same section of the record simultaneously. The increase in use of the IP EPR has led to an increase in genuine 'in use' locked records, but also the number of accidental locked records.

From next Monday (6 February) a change will be introduced which aims to reduce the number of accidental locked records. When the patient IP EPR is launched, it will no longer present as a pop-up Window but instead will remain in the same Window within Trak. The way you close out of the IP EPR will also change, you should select either the Floorplan or Home menu rather than the X in the corner of the Window. Selecting X will close TrakCare. [This guide shows how to avoid locked records](#), for more information, please email gram.epr@nhs.scot

Paediatric MTC education session The next event from the Paediatric Major Trauma Centre will take place on Friday 10 February, 12-1pm. The session will be held on Teams and focus on STOP debrief and TriM support. To book your place, contact gram.nosmtc@nhs.scot

Printing of Lab Results Work is ongoing with Laboratory Medicine to review and, where possible, cease physical printouts of lab results which are available electronically. We have identified several potential benefits to removing this service including aligning with NHS Grampian's transition to a net-zero organisation, improved information governance, and reduction in confidential waste. Please be aware your service may be approached soon to be considered for this change. Should you feel this would be a welcome change within your service, please contact catherine.anderson7@nhs.scot or julie.mcintosh5@nhs.scot to arrange further discussions.

Sharpen your surgical skills Opportunities are available for HCSW, Registered Nurses and ODPs in the ARI Main Theatre Suite. Come and try a taster shift with us and learn more about our dynamic and exciting environment and what we can offer you. Bank shifts and substantive posts available across a range of surgical specialties, with training and support provided, including from our bespoke Theatre Academy. For more information, please contact Senior Charge Nurse Stacy Ironside at stacy.ironside@nhs.scot

NMAHP - Celebrating Excellence Call for Abstracts We are delighted to invite you to submit an abstract to speak or present a poster at our Celebrating Excellence Events this year. Don't miss your opportunity to raise awareness of your project, showcase your achievements, gain recognition, share best practice and make new contacts. We have 3 events planned and will re-advertise as each approach but please do save the dates!

- 19 April - Inverurie **Closing date for completed abstracts is Monday 6 March**
- 29 June - Elgin
- 8 November - Inverurie

Please request an Abstract Form, highlighting which event you wish to participate in, from the Celebrating Excellence team: gram.celebratingexcellence@nhs.scot

Social media – what do you use? The Endowment Fund team are looking at social media, website, and app use and needs your help. [Do you have a spare two minutes to complete this survey?](#) Responses are anonymous and your help is greatly appreciated!

Learning & Development support



Learning and Development Email Inbox

If you have any learning and development related queries, we are here to help! We can assist you with;

- Turas Learn Queries
- Turas Appraisal Queries
- Course Bookings
- And much more!

Contact us at:
gram.learningdevelopment@nhs.scot

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The graphic is a blue rectangular box with a white envelope icon in the center. It contains text about learning and development support, including a list of services and a contact email address. There are also three small white boxes in the top right corner with blue text, and the NHS Grampian logo in the bottom right corner.

And finally, It's Groundhog Day, Punxsutawney Phil reckons we're in for another 6 weeks of winter, and I didn't get Beyoncé tickets on pre-sale. How was your Thursday? A wee reminder we want to know if you've found the recent items on system pressures helpful. [Click here to let us know](#), should take you less than a minute.

We're back with our steppers for tune of the day; this time it's the team at HMP Grampian health centre. Dawn-Anne Beattie is dedicating [We're All in this Together](#) from High School Musical to everyone in the step-count challenge team. Go Wildcats!(EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot