

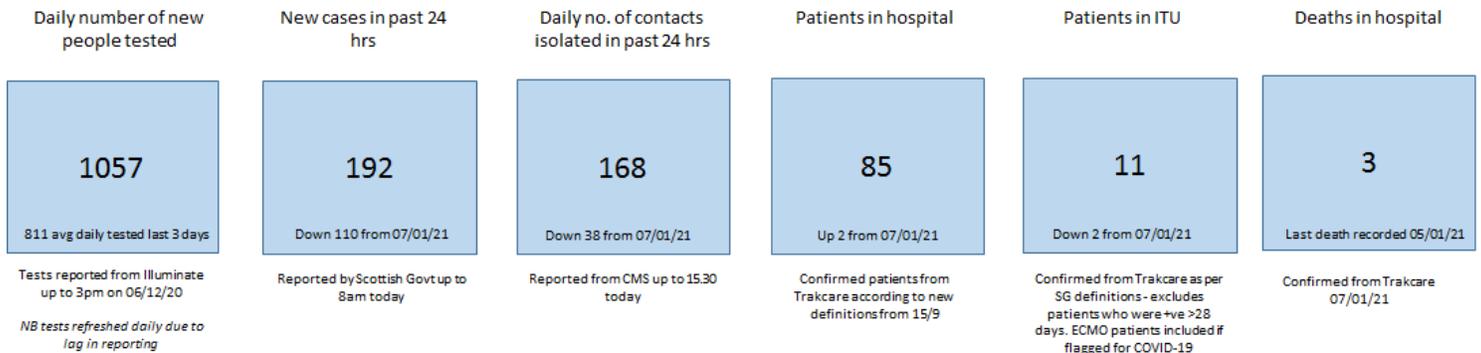
COVID-19 Brief

coronavirus

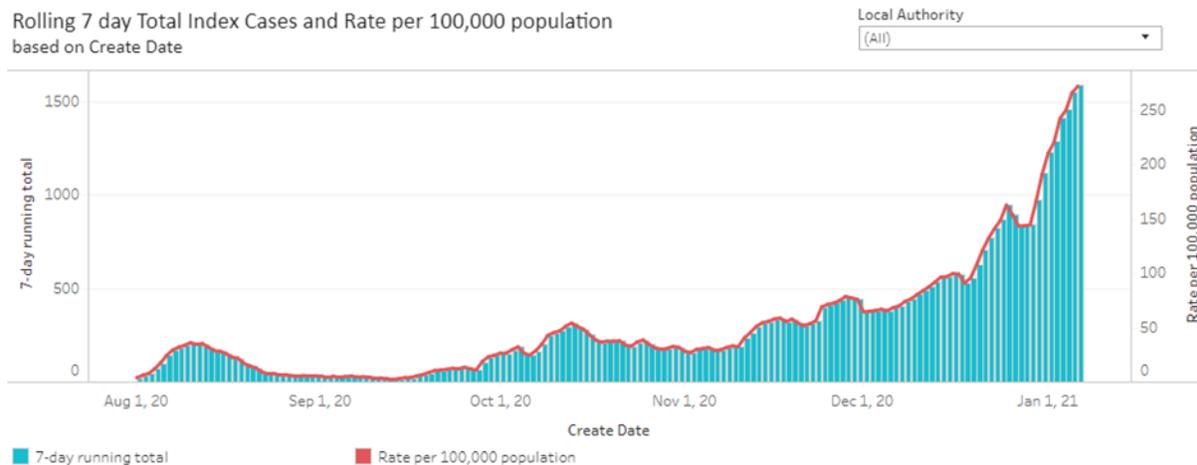


Here is the brief for Friday 8 January 2021.

Grampian data The local figures for today are shown below. If you click [here](#) you can visit the Public Health Scotland website, which includes neighbourhood figures for all local authority areas in Scotland.

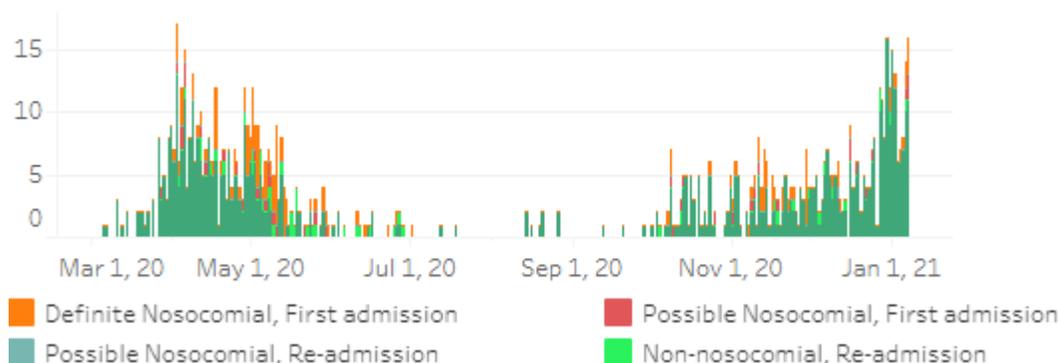


COVID-19 in Grampian Over the past week we have seen a rapid acceleration of cases in all communities. Our seven day rate per 100,000 was 250, with rises in Aberdeenshire of 81%; Aberdeen City 64% and Moray 96%.



Less than half of cases can be linked to a known event or outbreak. And with test positivity in the wider community at 18%, all indications are that COVID is widespread. Our contact tracers continue to reach almost 100% of all cases and over 90% are completed within 72 hours of a test being taken. We have similar numbers of patients in hospital for COVID as we did in the spring peak, although this time we are continuing to provide non COVID services where possible.

Number of Hospital Admissions



Beware airborne transmission of Covid-19? Can Covid-19 be caught from someone more than two metres away from you? Here is an extract from The Lancet in October 2020. “Initially it was thought that airborne transmission of SARS-CoV-2 was unlikely, but growing evidence has highlighted that infective microdroplets are small enough to remain suspended in the air and expose individuals at distances beyond 2 m from an infected person. This knowledge is also corroborated by investigation of spread of cases between people who were not in direct or indirect contact, suggesting that airborne transmission was the most likely route.” So whilst droplet spread within two metres remains the most common method of spread, airborne transmission at a distance remains a distinct possibility. The key to prevention of this kind of spread is ventilation. This is why out of doors is safer than indoors, but indoors large numbers of people, prolonged exposure time (greater than 30 minutes) and lack of ventilation are clear risk factors.

Right now, we are asking everyone to stay in and stay safe through this cold and icy snap, so ensure indoor environments where people mix are ventilated continuously or at least on a frequent intermittent basis. Places outwith your home which cannot achieve this are best avoided.

PPE 3 week look ahead

PPE Summary - Predicted Equipment Remaining at the end of each week

	FFP3 Mask	type IIR mask	Covid Gowns	Theatre Gowns	Visors + Goggles	Aprons	Gloves
January 4, 2021	160,840	484,696	15,052	11,642	63,472	773,779	1,911,784
January 11, 2021	160,091	485,516	15,126	12,324	63,314	773,779	1,911,784
January 18, 2021	159,343	486,336	15,199	13,005	63,155	773,779	1,911,784
January 25, 2021	158,595	487,156	15,273	13,687	62,997	773,779	1,911,784

Legend for Stock Levels:

- Stock < 0
- Stock <= 2 Days
- Stock <= 5 Days
- Stock > 5 Days

Education Recovery Group Professor Nick Fluck, along with the ERG, will be hosting a Q&A session (aimed at all students, learners and supporting staff) to communicate some of the work that has been going on to facilitate education recovery within NHS Grampian and field some of your questions as students return to clinical placement. This will be held from 3-4pm on Wednesday, January 13. If you would like to attend please contact <mailto:claire.dodyk@nhs.scot> to obtain the link to join the call.

Staff Inductions These remain a priority to NHS Grampian, even during these very busy times, to provide staff support and their delivery of safe effective patient care. A new resource is available today on Turas Learn, for all new staff to complete on their first day at work – this will be called - Welcome and Orientation. The completion time is around 1.5 hours.

Staff then should then complete their statutory and mandatory training in the first 3 months of employment and role specific training as advised by their manager. This new resource will be managed as a test of change and evaluated over the next 3 months. More information can be found within the Corporate Induction Presentations Page.

Queries should be sent to Linda McKerron, Learning & Development Service Manager, linda.mckerron@nhs.scot

Orange Award There were no Orange Award winners selected over the festive period; so why not nominate an individual or team you know is going above and beyond. Making a nomination is really straightforward – just click [here](#) or email gram.nmahporangeawards@nhs.scot

Thought for the day Make sure you take time to pause and take stock. We're in a crisis – perhaps both professionally and personally. We have re-entered a time of extreme pressure and one thing to help deal with that is pausing, stepping back and giving yourself a break. We're rapidly approaching a situation that may well eclipse what we saw as an organisation in April last year, but remember we are more prepared. The next few weeks may well be the toughest NHS Grampian will ever face – in simple terms we have almost doubled the number of Covid-19 patients in hospital on Christmas Eve to the 85 patients we have today. It is highly likely we will continue to see the impact of festive socialising in the coming days and weeks. Plans are in place to deal with any further surges and, with each other, we will get through this; we will we get there. This time there is light in the tunnel with the vaccine rollout. Last time we were at the beginning of a journey with no idea about the ending. This time, it feels as if the ending is just about in sight. And remember, it's okay not to be okay; the psychological resilience hub is there, make use of it if you need to. For those of you not working this weekend, it's time to pause. For those working, we're all still by your side.

Questions to ask? Information to share? If you have particular questions – or are aware of questions coming from friends and family – please share them with us. We may not be able to answer every question and it may take us time to get a proper answer, but we will endeavour to respond and share the answers. You can get in touch with us via gram.communications@nhs.scot. Please also use that email address if you have items for consideration for future briefs.