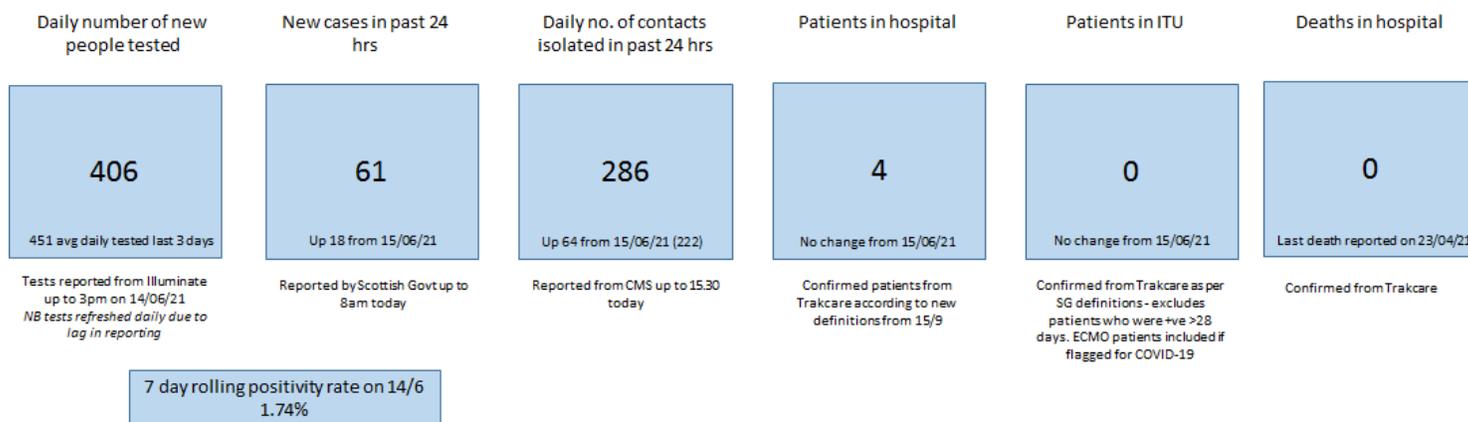


Here is the brief for Wednesday 16 June 2021.

Grampian data Here is the daily local update, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard](#).

Operation Rainbow Coins If you have yet to receive your coin, they can now be collected from the Phase II and Eastend dining rooms.

Health Needs Assessment of Scotland’s LGBT+ population As part of a health needs assessment an online survey is being conducted from June 11 to August 20.

This survey will ask LGBT+ people aged 16 and over about all aspects of their health and wellbeing and the factors that are known to influence health including mental and emotional health, physical activity, eating, smoking, alcohol, relationships, social connections, income, experience of discrimination, and experiences of services.

Over the last 18 months over 180 LGBT+ people and 18 organisations have contributed to interviews and focus groups with their experiences of health and wellbeing and we have used their feedback to develop this survey which we hope LGBT+ all over Scotland will complete.

COVID 19 has changed all our lives and this survey will also help us identify how LGBT+ would like to see the health service change to better meet their needs as COVID 19 recovery progresses.

The survey is available by [clicking here](#)

Surgical Robots Announcement The health secretary, Humza Yousaf, today announced a £20million investment across Scotland. In Grampian our three new robots are already up and running and benefiting our patients.

The latest cutting-edge surgical technology, two new da Vinci Xi robots, and a Mako Robotic-Arm Assisted Surgery System for orthopaedic joint replacement surgery, comes as NHS Grampian moves to increase capacity, looks to emerge from the Covid-19 pandemic and to treat more patients, more

quickly. There are also hopes we will be able to develop a regional training centre and specialist robotic division in future.

Consultant in colorectal and general surgery, Shafaque Shaikh said: “On average, patients should have shorter hospital stays following robotic-assisted surgery, quicker recovery times, they need less pain control and less anaesthetic – all of these factors benefit individual patients.

“More widely it benefits everyone in the region, as with people in hospital less time, it increases our capacity and allows us to see more patients.

“This investment, in cutting-edge technology, really ensures we can give our patients the best experience and that myself and my fellow surgeons have the most modern tools available to do our job.”

For a behind the scenes look at NHS Grampian’s first general surgery, using the state-of-the-art equipment, [click here](#).

Corrected Information on Webinar session In the recently circulated Focus on Wellbeing (FoW) Programme, the session on Monday 21, from noon-1.15pm, June was wrongly titled Personal Support. It should have read **Peer Support**.

Peer Support is recognised as an effective intervention to support staff experiencing emotional challenges during or after crises times or stressful situations. It is an intervention that is consistent with the concept of Psychological First Aid. Peer Support is an intervention that forms a key part of the national Recovery Plan for the health and social care workforce.

This webinar will involve presentations, followed by a Q&A session, by Angela Lewis, Founder and Director of PSA Ltd. and Gill Moreton, Service Lead Emergency Services/Project Lead Lifelines, Rivers Centre for Traumatic Stress, who will outline the peer support model being implemented across the emergency services in Scotland.

To register for the session [click here](#).

Tune of the day We get many suggestions from you all for Tune of the Day, and we’ll continue to share these in the coming days. For some bands it’s tough narrowing it down to just one– and that includes Jeff Lynne and his magnificent Electric Light Orchestra.

So, with a delay to moving to Level Zero and concern around a new wave of Covid cases and how this may affect the number of people in hospital; here’s a musically themed reminder to look after yourself and those around you, as well as our patients. It’s time for a special one-off. It’s time from Thought for the Day to return and collide with its magnificent successor Tune of the Day:

Covid, [Don’t Bring Me Down](#). For much of the last 18 months in the NHS it has seemed like a [Showdown](#) with the virus and for some it’s a case of ‘[Can’t Get It Out Of My Head](#)’, as unlocking stalls amid fears of another possible surge of hospitalisations.

Sadly it’s been the same [All Over The World](#) and, again for some, there’s been a temptation to [Turn to Stone](#) rather than talk and share feelings of disappointment or anxiety.

Remember be kind, [Handle With Care](#) those around you and [Shine a Little Love](#) where you can on yourself and others. [Do Ya](#) make time for yourself to decompress away from work?

At the end of the day we can all do small things to improve quality of life at the moment – it’s a [Livin’ Thing](#) – and somewhere down the road there will be far more [Blue Sky](#) ahead when we exit the pandemic.

(Yes we’ve also included a Travelling Wilbury’s song as it is one of Jeff Lynne’s finest – ELO purists, please forgive us)

Get in touch! If you’ve got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.