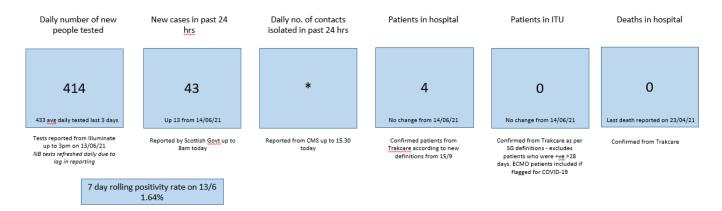
COVID-19Brief



Here is the brief for Tuesday 15 June 2021.

Grampian data Here is the daily local update, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the "daily number of new people tested" is only for the number of tests for people who have not been tested previously.



*The number of contacts isolated in the past 24hrs is not currently available due to a technical problem.

A national update is available on the <u>Public Health Scotland daily dashboard</u>.

Levels update As announced earlier by the First Minister there will be no changes to current levels - due to increasing case numbers, driven by the Delta Variant – and it is unlikely any area will move down on June 28. Nicola Sturgeon said that the Scottish Government will consider whether any changes can be made from June 28 onwards but added that level zero would be unlikely before mid-July, at the earliest. She told MSPs: "We need to buy sufficient time for vaccinations to get ahead, and that is the reason for caution at this juncture."

Drop-in clinics We've a number of drop-in clinics operating around Grampian for those still to receive their first dose. In Moray these are for those aged 18 and over while in Aberdeen and Aberdeenshire they are for those aged 40 and over.

Moray

 The Fiona Elcock Vaccination Centre in Elgin is continuing to run on a drop-in basis. You can come along at any time between 10.15am and 5.45pm. Remember to wear a face covering and if the clinic is particularly busy, you may be asked to come back at another time.

Aberdeen City

From Wednesday 16 - Saturday 19 June, the mass vaccination centre at P&J Live will be operating on a walk-up basis between 2pm and 6pm each day. You only need to bring yourself and a face covering, we will take care of the rest. Staff at the venue will manage any queues to keep everyone safe and socially distant; please note if the clinics are particularly busy you may be asked to come back at another time. Car-parking is free, and P&J Live is served by a regular bus service from the city centre.

Aberdeenshire

When?	Where	Time?
Monday 14 June	Fraserburgh	9am-12pm
	Macduff	
	Peterhead	
Tuesday 15 June	Fraserburgh	9am-12pm
	Macduff	
	Peterhead	
Wednesday 16 June	Macduff	1pm-7.30pm
Thursday 17 June	Fraserburgh	9am-7.30pm
	Macduff	
Friday 18 June	Fraserburgh	9am-7.30pm
	Macduff	
	Peterhead	
Saturday 19 June	Inverurie	10am-6pm
	Huntly	
Saturday 19 June	Banchory	8.30am-4.30pm
Saturday 26 June	Stonehaven	10am-4pm

Primary Care Some of you may have colleagues working in Primary Care and already be aware of the huge pressure that our Community and Primary Care Colleagues are facing. With the recent coverage of the increase in Delta variant COVID-19 infections in our area it is still absolutely vital that we protect all of our most vulnerable patients and our colleagues. This is why many practices continue to operate differently offering the majority of appointments either over the phone or via Near Me and reserving face-to-face appointments for those with the greatest need.

Afterall an outbreak in a GP practice could see Primary Care services hugely and adversely impacted for an entire patient population.

To help support our Primary Care colleagues we have produced a short Q&A type guide to why things are not 'back to normal'

- **Primary Care:** Why are GP Practices still working differently?
- Things are opening up, why not GP practices! The pandemic is not over yet and the modelling suggests there is a 3rd wave on its way. We must protect Primary Care Teams and vulnerable patients by keeping contact to a minimum.
- How are practices working now? All appointments are being triaged this means that people with the
 greatest need are being seen first.
- What is Triage? The Duty medic will assess every eConsult and phone query and decide who needs to be seen in person, who needs a phone consultation, who needs to be seen via video and who can be directed to a community pharmacist etc.
- **How do we triage?** Duty clinicians will look at all the information available and make an assessment loosely based on:
 - o 'Hear it' phone consult,
 - See it' video consult (Near Me)
 - Feel it' face to face appointment.

- Why do receptionists ask personal questions? Put simply, because they have been asked to! Anyone that is tasked with answering a call at a GP practice must maintain strict confidence and only ask questions to help you get the right treatment.
- **eConsult?** Consult is an online way of contacting your doctor to get help and support. There is lots of information that you can use to help yourself too. Find out more by watching this video.
- What about emergencies? If it is a genuine medical emergency then you should call 999 and ask for an ambulance. If you need emergency care but are not in imminent danger then you should call 111.
- Where else can I get help? NHS Inform has a wealth of information to help you help yourself: https://www.nhsinform.scot/ Community Pharmacists (chemists) can help with many common ailments and illnesses and can prescribe some medicines too.

Please be patient. Primary Care Teams have been working incredibly hard throughout the Pandemic. Many of our teams are exhausted and they really are doing their best to help you. We, just like you, want to get back to as close as normal as possible as soon as possible, but we are not there yet.

NHS Grampian Sports Committee: Free Swimming for Staff and Families Free swimming sessions for NHS Grampian staff and families at the RGU Pool will resume at the end of the month. As you can appreciate, there will be a few changes to comply with COVID-19 precautions such as the need to book. Full details will be shared via this brief, so keep your eyes peeled. In addition, a number of parents have told us previously that having the swimming sessions at 8.30pm-10pm during term time, is rather too late for school age children. Accordingly, the new sessions will be earlier in the evening.

Tune of the day It's a Tuesday that has, at least at my end, felt very much like a Monday. So to cheer us all up, here's a song voted the greatest of the 21st century by readers of Classic Rock Magazine – The Darkness' anthemic <u>I Believe In A Thing Called Love</u> – smile, play air guitar, don a Spandex catsuit (if you happen to have one) and head bang your way into Wednesday folks. DISCLAIMER: Despite Justin Hawkins enthusiasm, due to current Covid-19 restrictions it is still generally inadvisable to touch people outside of your household bubble, even if they touch you first.

Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.