

COVID-19 Brief

coronavirus



Here is the brief for Wednesday 11 August 2021.

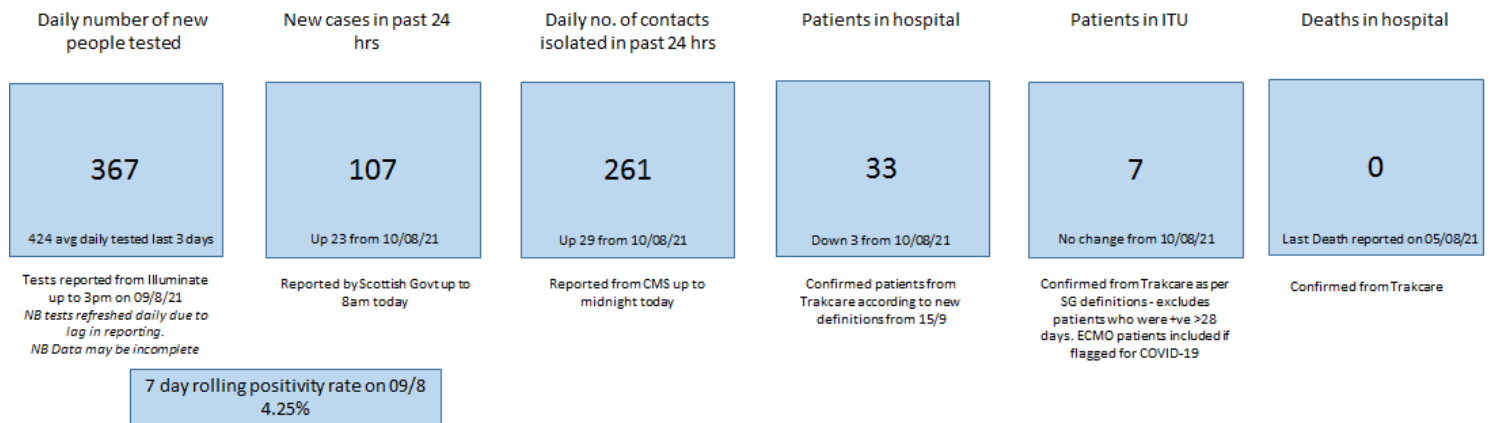
Respect Us campaign If you follow any of the NHS Grampian social media accounts, you will have seen a series of images released earlier today, highlighting the growing problem of abuse towards NHS staff online and in call centres. We have included two of the images below – these, sadly, are on the milder end of what staff are facing every single day. If you experience any form of verbal or physical abuse during the course of your work, please report it to your line manager and ensure it is recorded in Datix. Abusive comments on NHS Grampian operated social media accounts will be hidden/deleted and users may be banned. Incidents of verbal or physical abuse against health & social care staff may result in prosecution.



Staff PCR testing – a reminder If you have symptoms of COVID-19, have tested positive (without symptoms) using an LFD test, or have been identified as a close contact, you need a PCR test. Remember you (as health & social care staff) - and any members of your household - should use the staff testing programme for this. [All you need to do is complete the test request form](#) and a member of the team will be in touch to arrange a drive-through appointment in Aberdeen, Elgin, or Huntly. If you do not drive, the team will seek to make other arrangements to get you tested as quickly as possible. Please do not use the UK government testing programme.

COVID-19 vaccination – V in the Park As part of the vaccination programme team's work to make getting the jab as straightforward as possible, we are excited to announce V in the Park! The Aberdeen City team will be visiting parks (weather permitting) to offer vaccination and the opportunity for the general public to ask any questions they might have about the vaccines. Since this is contingent on the (notoriously unreliable) Aberdeen weather, announcements of which parks they'll be visiting will be made 'on the day' via the NHS Grampian social media accounts.

Grampian data The local update for today, including the 7-day rolling positivity rate, is shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories. The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard](#).

PPE donning & doffing training - CANCELLATION Unfortunately the planned donning and doffing training session on 24 August has been cancelled. The sessions on **7/21 September** remain open for booking – just contact gram.ipc-donn-doff-training@nhs.scot

Patient catering – product shortage Due to a current global shortage of catering sized tins of fruit in natural juice, there will be a reduction in the choice offered to in-patients. In addition, where in-patients have diabetes, they should be made aware that tinned fruit will be supplied in syrup, rather than water or natural juice from Monday 23 August. More detailed information on this is being sent directly to ward staff, please direct any queries on this to the patient catering team.

We Care Wellbeing Wednesday – Welcome! Starting today, and every Wednesday, We Care (the staff health & wellbeing programme of work) will have a regular slot in this brief where we will provide information, updates, advice, training, general tips and guidance to add to what is on offer via the We Care website: www.nhsgrampian.org/wecare

The National Wellbeing Hub hosts free webinars, podcasts, online programmes and resources to help with home and work-related difficulties. This month they are hosting three webinars on:

Enhancing Personal Resilience: Managing Stress and Staying Positive – 18 August

Helping you cope with low mood – 24 August

Greater peace of mind with mindfulness – 8 September

To book onto one of these webinars follow this link: <https://wellbeinghub.scot/latest/>

Missed a webinar? Check out previous webinars and podcasts at <https://wellbeinghub.scot/podcasts-and-webinars/>

What do you want to see from We Care Wellbeing Wednesdays? Let us know by emailing gram.wecare@nhs.scot, or [by using this anonymous form](#) – also accessible via the QR code below if preferred.



Tune of the day We started with Respect Us, we're going to end with R.E.S.P.E.C.T. There are many versions of this song but, [while it may not be the original, who else could we choose but Aretha?](#)

We're always on the look out for your suggestions of a great song to end the day (or start it, depending on when you read this brief) so just drop us a line via gram.communications@nhs.scot That's also your first port of call if you've got any queries or an item to share.