

COVID-19 Brief

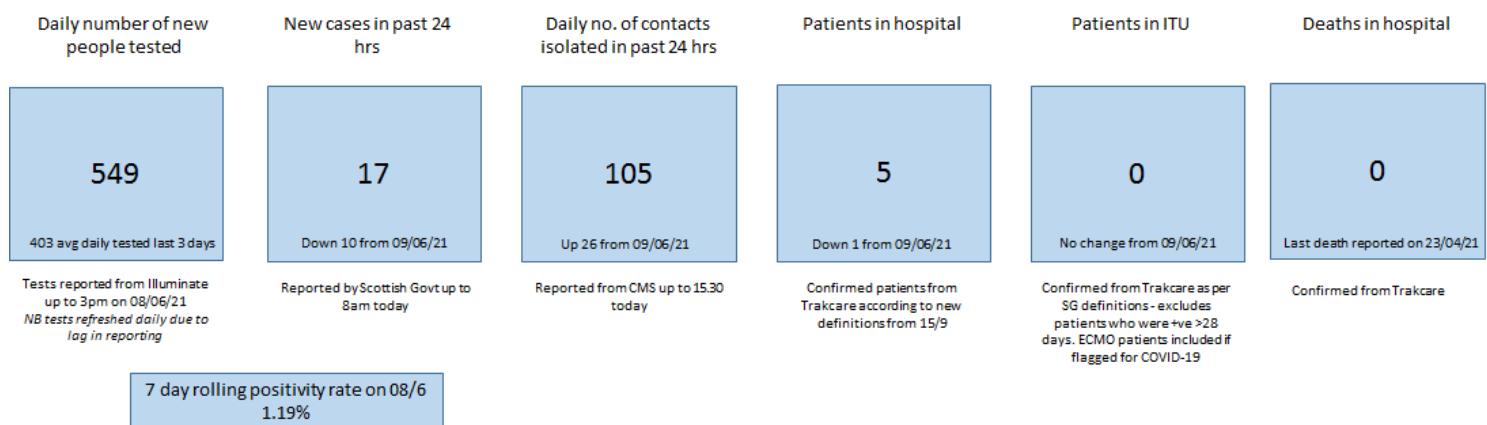
coronavirus



Here is the brief for Thursday 10 June 2021.

Grampian data Here is the daily local update, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard](#).

SCENIC study – research in partnership with NHS Lothian & Stirling University NHS Grampian is participating in the SCENIC study in partnership with NHS Lothian and Stirling University. This is looking at the experiences of Senior Charge Nurses/Midwives through COVID and their views on what would be helpful as we move forward. The findings will be shared back with participants and then we will examine them at Nursing and Midwifery Leadership Council in order that we can take appropriate actions that better enable and support our colleagues to continue to lead and be well. It is therefore crucial that we ensure every SCN/M gets the opportunity to take part. Emails have been distributed with the link to participate but please contact the research team should you require any further information. This study is live now so please don't miss your opportunity to participate. Further information is available in the flyer attached to the email used to send out this brief.

We Care programme – opportunities for staff:

- Guided Journaling sessions** New dates are available if you are interested in taking part in a short, guided journaling session. Journaling is recognised as being helpful in reducing anxiety through providing clarity; identifying patterns; revealing emotions, and processing decisions. These sessions are delivered via MS Teams, with a facilitator taking you through the process. Microphones are muted, you can keep your camera off if you prefer, and you can share what you write – or not – as you wish. The following dates/times are now open for booking:

Thursday 17 June, 8 -8.30am/ Thursday 24 June, 8 – 8.30am/ Monday 28 June, 4-4.30pm/ Thursday 1 July, 8-8.30am/ Monday 5 July, 4-4.30pm/ Thursday 8 July, 8-8.30am

Please email heather.haylett-andrews@nhs.scot to book your place.

REMINDER – Virtual NHS Scotland event 2021 Registration is open for the virtual NHS Scotland Event 2021, which will take place online from 22 – 24 June. National Clinical Director Jason Leitch and Humza Yousaf, Cabinet Secretary for Health & Social Care, have been announced today as speakers on day one of the event. Visit www.nhsscotlandevents.com to find out more about the programme and how to register.

Question of the Day Yesterday we asked you, what matters to you at work. 137 of you have shared your thoughts so far, creating the following word cloud:



If you have still to have your say, the question remains open – what matters to you at work?

Tune of the day The weather was not on our side when it came to viewing the solar eclipse earlier today, so how about a [Total Eclipse of the Heart?](#) Bonnie Tyler gives it her all (when doesn't she?) in this 80s classic and the video is definitely a product of its time!

Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.