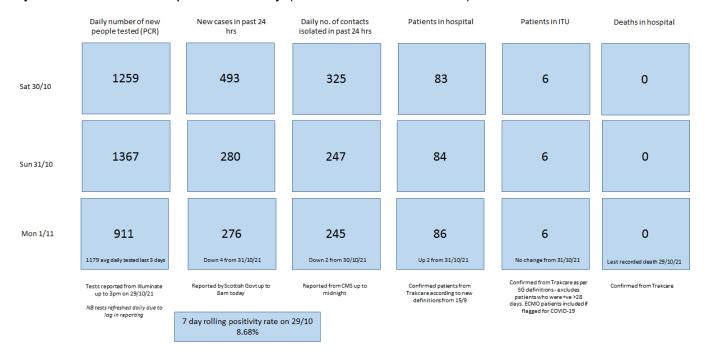
COVID-19Brief



Here is the brief for Monday 1 November 2021.

Grampian data The local update for today (and across the weekend) is shown below.



The Public Health Scotland daily dashboard is available to view via this link.

Infection, Prevention and Control Advice We continue to see an increase in the negative effects of Covid-19 on both our bed-base and staffing, as a result of infections in staff and patients. Infection, Prevention and Control measures continue to be required within healthcare environments and will reduce the risk of not only COVID-19, but also seasonal infections.

Please continue to:

- Perform hand hygiene (staff, pts and visitors)
- Maintain physical distancing (staff, pts and visitors)
- Wear PPE appropriate to your place of work and activity (staff)
- In-patients should wear FRSMs where they are able to
- Visitors should wear FRSMs
- Use LFD testing twice weekly (staff and visitors)
- If feeling unwell, do not come to work/in to visit (staff and visitors)
- If staff experience any of the three cardinal symptoms (new cough, fever, loss of sense of taste /smell) self-isolate and book a PCR through the staff testing portal.
- Isolate and obtain a PCR swab from patients if they demonstrate any of the 3 cardinal symptoms: new cough, fever, loss of sense of taste /smell.

SCNs - please contact IPCT if you have two or more cases of transmissible infections (staff and/or pts)

Please contact the Safer Workplace Team (email: gram.saferworkplaces@nhs.scot) or the Infection Prevention and Control Team (email: gram.saferworkplaces@nhs.scot) for advice or support with any of the above.

Medication Safety Week This annual event kicked off today. It is an international social media campaign, led by medicine regulators around the world primarily to promote the reporting of adverse drug reactions to the relevant medicines regulator. In the UK that is to the Medicines & Healthcare Products Regulatory Authority (MHRA) through the <u>Yellow Card Scheme - MHRA</u>. The theme for this year's campaign is vaccine safety and is aiming to promote the reporting of adverse reactions associated with vaccines. Keep an eye out on your social media for vaccine safety messages using the following hashtags #MedSafetyWeek2021 #VaccineSafety #MHRAYellowCard #PatientSafety

This 30 second YouTube video MHRA YellowCard #EveryReportCounts campaign video - YouTube summaries how reporting adverse drug reactions helps builder a bigger picture that in turn helps to make medicines and vaccines safer.

<u>The latest MedWatch newsletter available on the Medication Safety intranet pages</u> (networked devices only) has more detail around vaccine safety within NHS Grampian

Public Protection in Aberdeenshire – multi agency conversation On Monday 15 November Aberdeenshire Council will host a staff discussion on public protection in Aberdeenshire throughout the pandemic. The event will be open to colleagues in Aberdeenshire Council, Aberdeenshire Health & Social Care Partnership, NHS Grampian, Police Scotland, Scottish Fire and Rescue Service, Aberdeenshire Voluntary Action, and members of the Child and Adult Support and Protection Committees. It will take place between 10-11am, via Teams. This link will take you direct to the meeting, please share with any colleagues who may be interested in taking part.

Pre-retirement courses The dates below are now available for booking, via Turas. This course is for anyone considering leaving employment on normal, early, or ill health retirement, or taking flexible retirement. The courses are delivered online by Affinity Financial Awareness (AFA), one of the largest providers of independent financial advice to public sector employees. They are registered and regulated by the Financial Conduct Authority and responsible for any financial advice given.

Course Date	Start	Finish
10 January 2022	1:00pm	3:30pm
01 February 2022	1:00pm	3:30pm
03 March 2022	9:30am	12:00pm
31 March 2022	1:00pm	3:30pm
04 April 2022	9:30am	12:00pm
03 May 2022	9:30am	12:00pm
20 May 2022	1:00pm	3:30pm
14 June 2022	9:30am	12:00pm

Joanna Lumley & The Human Swan You may well have spotted that Joanna Lumley was at ARI just over a week ago, and wondered why? We can now tell you that she was completing a documentary with Sacha Dench, a climate campaigner who was seriously injured in an incident in September, which resulted in her admission to ARI. The programme – Joanna Lumley & The Human Swan – will be shown on STV tonight at 9pm. Thank you to everyone at ARI who made the final part of filming for this programme possible.

Opportunity for reflection Guided Journaling sessions are offered as part of the We Care Programme – <u>you can find more information about that here</u>. We aim to use one of the questions from the previous week's sessions each Monday, to give you an opportunity to pause for reflection:

Most of us work in teams of one sort or another and interact with many other colleagues, even if we sit alone to work. How do you show up and engage with colleagues?

Tune for the day Today's song is the request of medical equipment technician Ian McBride, he asked for a tune by Australian-American-British rock supergroup The Dead Daisies. Ian asked us to include their cover of The Who's <u>Join Together</u>. Daily Brief Tip of the Day, if you like what you hear check out their original material, starting with <u>Like No Other</u> – you can thank us later.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot