

Monday 18 September 2023

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**Staff car parking survey – Foresterhill Health Campus** A huge thank you once again to everyone who took the time to complete this survey. There are more than 1,100 individual pieces of feedback to read through and we are working through these at present. Once this work is complete, we will share the results with you, along with the planned next steps. As a reminder, there is no change to current arrangements for staff parking on the site; you may park in the multi-storey car park, using Level 6 and above. Please ensure the lower floors are kept free for patients and visitors, especially those with limited mobility.

**Gloves Off – Initial Results of the Staff Questionnaire on the Use of Non-sterile Disposable Gloves (NSDG)** Inappropriate glove use contributes to skin damage, and can disrupt good hand hygiene practice, which can lead to increased infections. Let's be glove aware and only wear them when we need to. This will protect staff skin, reduce the risk of transmission of infections, reduce the waste we produce, reduce our carbon footprint and have an improved sustainability and environmental impact.

Thank you again to all of those who took the time to respond to the survey. We are still compiling the full report but have prepared an initial summary which is attached to the Brief, as many of you have been asking about the results.

It is clear is that there is some confusion around when to wear NSDG. Please watch the short video from NHS Education for Scotland and use the poster attached, to help promote the correct use of gloves and our Gloves Off Campaign. The survey will help us to identify other ways in which we can help each other to understand when to wear gloves. Watch this space for more information!

NES have produced this video for staff awareness [Gloves off on Vimeo](#)

The poster, attached to today's brief, can be displayed in your area to promote awareness.

**Falls Prevention awareness week** This annual event is being marked this week. Colleagues from occupational therapy, physiotherapy, and dietetics have teamed up to host two information stalls at the ARI Rotunda on Wednesday and Friday, between 11am – 3pm. There is also a whole host of useful [resources available on encouraging safer mobility in hospital](#) and you may wish to visit the dedicated falls page [Pages - Falls \(scot.nhs.uk\)](#) (both intranet links, networked devices only).

**Chronic Pain study day** A free study day, aimed at nurses looking to improve their knowledge of chronic pain, and chronic pain management, will take place on Tuesday 31 October, in the Suttie Centre, between 9am-4.30pm. For further information and to register please contact Dr Naomi Scott: [naomi.scott2@nhs.scot](mailto:naomi.scott2@nhs.scot)

**Register now for Diversity Festival** NHS Grampian's first ever Diversity Festival will take place on 4th October, with participation approved as 8 CPD credits by the Faculty of Medical Leadership and Management. The theme for the one-day event is race, culture and 'breaking barriers'. It will see the

launch of our new Anti-Racism Plan - meaning as a Board we are leading the way in Scotland with our commitment to work towards becoming an Anti-Racist Organisation.

Link to register: [NHS Grampian - Diversity Festival 2023 Tickets, Wed 4 Oct 2023 at 08:30 | Eventbrite](#) View our [explainer document](#) for a reminder of what the day and the plan are all about, and how you can make a difference.

**Think Ectopic** NHS Grampian is a participating site for a pilot of the Ectopic Pregnancy Trust's latest campaign, 'Think Ectopic' to improve awareness of ectopic pregnancy among healthcare professionals. You may have noticed posters and resources in your area and we're keen to highlight these as accessible to all staff. Visit the Ectopic Pregnancy Trust's [resources webpage](#) where you will find a video series, posters and more, and watch this clip of Dr Andrea Woolner, early pregnancy lead and senior clinical lecturer, explain more: <https://youtu.be/nNTOj3NoVrw?si=6v4MxDAL8GXhXJB7>

**NoSCAR NMAHP Research Seminar Series** The next seminar on 'Grant Writing' will be held via MS Teams on Tuesday 19th September 2023 from 1.30pm to 2.30pm. For details and joining link please see attached flier.

**Pause for thought** What will you do this week to make your heart sing?

**Tune of the day** Colleagues of Chelsea Alexander were in touch to celebrate her recent 30<sup>th</sup> birthday - Chelsea also becomes a district nurse this week! To mark the occasion, they asked for some Spice Girls, so here's the 1996 classic [Who Do You Think You Are?](#)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)